



UNIT 2 : HEALTH AND LIFESTYLE

SKILL : READING

Source: Programme Educatif 2nde

Durée: 55 min

Lead-in:

- What electronic devices do young people mostly use today?
- What can be the consequences of these devices on their life?

LEARNING CONTEXT

In order to prepare a presentation for the next English Club meeting, the students of 2nde A2 of Lycée Moderne Abobo are reading a text about the use of mobile phones and their impact on their lives.

LEARNING CONTEXT		
Vocabulary	Language Function	Structures
Electronic devices Hearing loss Blockout Earbuds earphones	Giving advice Making suggestions	You should/shouldn't use... <u>Why don't you + bare infinitive?</u> Why don't you use.....? <u>How about + verb + ing?</u> How about using....?

A/ VOCABULARY

	
earbuds	earphones

Electronic devices : Earbuds and earphones are *electronic devices*

To blockout: *to prevent of entering or penetrating*

Hearing loss: inability to hear

B/ LANGUAGE FUNCTION: giving advice and making suggestion

(1) giving advice

example: You *should reduce* the volume of your phone.
You *shouldn't listen to* music at a high volume.

(2) Making suggestion

Example: **Why don't you reduce** the volume of your phone ?
How about reducing the volume of your phone?

WHILE-READING

Activity 1 : (3 min) Read the text quickly and select the sentence that corresponds to its main idea.

- a) The use of portable music players
- b) The role of Zogby International in music
- c) The negative impact of portable music players.

Portable Music Players Linked to Hearing Loss

Electronic devices are changing the manner people listen to music. But studies show the devices can provoke 'hearing loss' in many people. Some experts say people may be playing them too loud and for too long.

5 Research conducted by Zogby International was involving three hundred high school students and one thousand adults. They were asked about their use of portable music devices. Some of the most popular are Apple Computers iPod, C.D. players and portable laptop computers.

10 The study found that more than half of the students and less than 40% of the adults had at least one kind of hearing loss. Some reported difficulty hearing parts of a discussion between two people. Others said they had to augment volume controls on a television or radio to hear it better. And, some experienced ringing in their ears or other noises.

15 Hearing experts say part of the problem is the listening equipment people are using. They say large earphones that cover the whole ear are probably safer than the smaller earbuds that come with most music players. Earbuds are thought to be less effective than earphones in blocking out foreign noises.

Experts at the Mayo Clinic in Minnesota say any sound above ninety decibels for long periods may cause some hearing loss. But most portable music players can produce sounds up to one hundred twenty decibels.

20 The American Speech-Language-Hearing Association says that the best way to protect your hearing is to reduce the volume, limit listening time and using earphones that block out foreign noises.

Written by Cynthia Kirk.

Activity 2: *The words in column A are from the text. Match each of them with its meaning in column B. Write your answers like in the example (8 min).*

Example: 8- a stop or reduce a sound

- | | |
|----------------------|---|
| 1- devices (L1) | a- stop or reduce a sound |
| 2- hearing loss (L2) | b- entire |
| 3- involving (L4) | c- objects that have been invented for a particular purpose |
| 4- C.D. players (L6) | d- very small headphones, worn inside the ear |
| 5- earphones (L13) | e- a partial or total inability to hear |
| 6- whole (L13) | f- small plastic discs on which music can be recorded |
| 7- earbuds (L13) | g- devices worn on the ear to listen or communicate |
| 8- block out (L20) | h- including someone in something |

Activity 3 : *Read the text again, and answer briefly the following questions (9 min).*

- 1- According to the text, what shows that electronic devices provoke ‘hearing loss’ ?
- 2- How can devices provoke ‘hearing loss’?
- 3- Name three portable music devices mentioned in the text.
- 4- According to the text, how many people took part in the research ?
- 5- What did the study find ?
- 6- How do hearing experts justify this problem?
- 7- According to the American Speech-Language Hearing Association, what is the best way to protect people’s hearing ?

Communication activity (15 min)

*As the chairperson of the English club, you and your vice are asked to prepare a presentation for the next meeting on « **The impact of the overuse of mobile phones on students’ lives** » and then report your findings to the class.*

In your presentation:

- Cite two or three reasons of overusing mobile phones
- Mention two or three negative impacts of the use of mobile
- Suggest some ideas to avoid these problems

Homework: In spite of the bad impact mobile phones may have on students’ lives, they are a must. They are so important that some people say they should be used in class. What do you think? ***Should mobile phones be used in class?*** Write an essay in which you give your opinion. In your essay.

- Say why mobile phones are important
- List some of the things they may be used for in class
- Suggest some ways teachers can prevent students from misusing them

Additional Resources: go to this link and do the activities suggested on it.

<https://en.islcollective.com/english-esl-worksheets/grammar/present-simple-tense/are-mobile-phones-taking-over-our-lives/96093>