



**UNIT 2 : HEALTH AND LIFESTYLE**

**SKILL:** Writing

**Durée:** 55 min

**Source / Reference:** FAR AHEAD 2<sup>NDE</sup> page 28

**Lead in**

- ✓ How do you usually communicate with your friends when you have a piece of information to pass on ?
- ✓ What do you call an e-mail you send to a friend ?

**Learning context:**

*During the English lesson, the students of 2<sup>nd</sup> C1 of Lycée Moderne Oumé are asked by their teacher to write an email to their friends to warn them about bad habits.*

LESSON CONTENT		
Vocabulary	Language Function	Structure
-Be careful = Watch out! = Take care (of you)! -To be worried about -to be crazy about -to give up	Warning	You'd (had) better be careful, or else you may be in trouble

**Vocabulary**

be careful = watch out!

Take care of yourself = to pay attention

To be worried about = to be perturbed with, to be troubled with

to be crazy about = to love

to give up = to abandon

**Language function: Warning**

**Example:** You'd better learn your lessons or else you will fail.

You'd better wear a face mask or else you will be contaminated.

**Exercise:** Complete the sentences with the words or expressions from the box below

watch out / you'd better / crazy about / given up / worried about

- 1- \_\_\_\_\_ ! you're getting too fat.
- 2- My friend, I think \_\_\_\_\_ stop smoking or else you'll catch tuberculosis.
- 3- John has \_\_\_\_\_ smoking now. He doesn't cough anymore.
- 4- My son is \_\_\_\_\_ video games on PS 4.
- 5- She is \_\_\_\_\_ her son who is smoking.

**Activity 1:** Read the email on page 28 (FAR AHEAD 2<sup>NDE</sup>), then answer the questions. (8 min)

## Model text

Dear Zohra,

(1) I'm writing to you about a problem. I'm **really** worried about my brother Bilal because I think he's started smoking. I haven't seen Bilal smoking, but all his friends smoke. Also, I was waiting for a friend outside school yesterday when I saw him buying cigarettes.

(2) Bilal used to be **really** crazy about soccer, but he's given that up. He used to be good in most subjects, but now his school results are **very** bad. What's more, he argues all the time with our parents.

(3) I can't tell my parents because they'd be **extremely** angry. Do you think I should tell a teacher or his football coach, or someone else? What do you advise me to do?

Write soon

Love

Pamela

- 1- How does Pamela start her e-mail ?
- 2- Which paragraph states the problem ?
- 3- Which paragraph describes the consequences of Bilal's behaviour ?
- 4- In which paragraph does Pamela ask for advice ?
- 5- How does she end her e-mail ?

## **Activity 2 : Communication activity (12 min)**

*After your success in your BEPC exam, you have been sent to a new secondary school. Your friend who stayed in your former school, has made some new friends who have a bad influence on him. They behave badly at school and hang out in bars.*

Write an email to your friend to tell him about the situation

- Start with expressions like « Hi Sam / Hello Stephy / Dear Cathy » for greetings.
- State the object of your e-mail (I'm writing to warn you about.....)
- Mention a few bad habits of your friend and the consequences of his/her behavior
- Warn him about the risks that he is exposed to.

**NB:** Use informal style (contractions, for example, can't NOT cannot / I'm NOT I am).

**Homework:** After talking about the issue of friends and their influence during the English class, your teacher of English asks you to write an opinion essay about this topic- *Is it a good idea to have friends at school?* In your essay,

- Define what a friend is
- Say if anybody can be a friend
- Give your opinion and justify it

**Additional Resources:** Go to this link answer the question below

*What's the difference between a formal and an informal letter?*

<https://learnenglish.britishcouncil.org/skills/writing/upper-intermediate-b2/an-informal-email-to-a-friend>